



# CYCLING SCHEDULE | FEBRUARY 2018

Contact the Gym Desk with Questions at 273-7707.  
 Fitness schedule also available at [www.pvicmember.com](http://www.pvicmember.com)

## MONDAY

**9:30 A.M.**  
 CYCLE  
 45 MINUTES  
 (Cara)

**6 P.M.**  
 CYCLE  
 60 MINUTES  
 (David)

## TUESDAY

**8:30 A.M.**  
 CYCLE  
 55 MINUTES  
 (Cara)

**9:30 A.M.**  
 CYCLE  
 45 MINUTES  
 (Cara)

## WEDNESDAY

**5:30 A.M.**  
 CYCLE  
 45 MINUTES  
 (Cara)

**NOON**  
 CYCLE  
 45 MINUTES  
 (Cara)

**6 P.M.**  
 CYCLE  
 60 MINUTES  
 (Abby)

## THURSDAY

**8:30 A.M.**  
 CYCLE  
 55 MINUTES  
 (Cara)

**9:30 A.M.**  
 CYCLE  
 45 MINUTES  
 (Cara)

## FRIDAY

**9:30 A.M.**  
 CYCLE  
 45 MINUTES  
 (Susan)

**NOON**  
 CYCLE  
 45 MINUTES  
 (Cara)

## SATURDAY

**8:15 A.M.**  
 CYCLE  
 60 MINUTES  
 (Abby)

## SUNDAY

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**9 A.M.**  
 CYCLE  
 60 MINUTES  
 (Eddie)